

Lida Winfield
Performing Artist
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Strengths and Qualifications:

Teaching and Facilitating: More than twelve years experience teaching dance, theater and storytelling to both adults and children. Experience teaching to diverse populations such as: youth at risk, refugees, homeless families, people with physical and mental disabilities, college students, professional performers, and rural and urban youth. Over six years experience facilitating teachers to use dance and theater in the classroom as a tool to teach traditional academic curriculum. While running a performance art studio in Massachusetts, managed a staff of eleven, taught a wide variety of classes/workshops and camps to children and adults, such as, creative movement for children, dance and drama camps for adolescents, structured improvisation and storytelling.

Performance/Technical Skills: Experience creating and developing a number of shows exploring the bridge between personal storytelling and movement. These shows have been featured at colleges and theaters across the US. For the past fifteen years I have worked as an actor, dancer, choreographer and storyteller in my own and other's work.

Professional Experience: More than twenty years in dance, choreography, theater and the visual arts. Studied and performed traditional modern dance, African, yoga, authentic movement, improvisation, theater, sculpture, painting and anatomy.

Education and Training:

- For four years performed as a member of a multi-generational, improvisational dance theater company, *Working Ground* in Burlington, Vermont. Created site-specific performance, multi-generational, multi-ability work.
- For two summers participated at Bates Dance Festival in Lewiston, Maine where I studied with Nancy Stark-Smith, Sarah Pearson and Patrick Widrig.
- Studied in year long anatomy class for dancers taught by Rebecca Detzel, Irene Dowd's assistant.
- Attended The School for New Dance Development in Amsterdam, Netherlands focusing on improvisation and choreography.
- Graduated from Goddard College with an undergraduate thesis topic: Using the Expressive Arts as a Healing Tool for Transformation.
- Completed a Master of Fine Arts In Interdisciplinary Arts program at Goddard College topics of study: The business of art, Multimedia-one person performance, Environmental dance, Spirituality and Improvisational dance.

Dance Companies and Collaboration:

- Working Ground Dance-Theater Company (VT) 1993-97 – performer
- Internship and collaboration with Hannah Dennison and Mirah Kellec (VT) 1995-96 – performer and choreographer
- Heddy Maalem's *From the New World* (VT) 2009 - principal dancer
- Big Action Performance Ensemble (Big APE) (VT) 2010 to present – dance-theater company - performer
- Ellen Smith Ahern – collaboration in performance making/teaching and performing dance/theater (VT) 2010 to present.
- Double Vision Intermedia Dance Company (VT) 2011- present – dancer
- Recession Special European Tour – Double Vision and Lida Winfield/Ellen Smith Ahern (Europe) summer 2011

Production History

Original Creations performed at University, College, and High Schools

2011

- *In Search of Air*, Landmark College – VT.
Engaging Active Learners Conference, Flynn Center –VT.

2009-2010

- *The Woods Are Deep*, Burlington City Arts Firehouse Gallery – VT.
- *In Search of Air*, Goddard College- VT, Landmark College- VT, Milton High School, VT.
- *Pantyhose, Combat Boots and the Search for the Right Tool*, Burlington College- VT, Champlain College- VT, St. Michael's College- VT, Landmark College- VT, Flynn Center Main Stage *Chance to Dance*.
- *My Blue Eyes Reflected on Snow*, Champlain College-VT.

2000-2001

- Take Back the Night- coordinator/speaker/dancer, Lewis & Clark College- OR.
- *Ugly Girl*- choreographer, Lewis & Clark College- OR.
- *Rupture*- co-choreographer/dancer, Landmark College- VT.

Theatres

2011

- *The Woods Are Deep*, Waterfront Theater - VT

2006-2010

- *In Search of Air*, Flynn Center for the Performing Arts – VT, Phantom Theater – VT.
- *Pantyhose, Combat Boots and the Search for the Right Tool*, Waterfront Theatre- VT, Phantom Theater- VT, Theatre Ste. Catherine- Montreal.
- Commissioned by Burlington City Arts to create an outside dance performance with twelve dancers about the future during the quad centennial performed at First Night-VT.
- Burlington International Parade- choreographer- VT.

2003 -2005

- *My Blue Eyes Reflected on Snow* - choreographer/performer, West End Theatre- MA.
- *Waiting for Sleep* - choreographer/performer, West End Theatre- MA.
- *Swimming Without a Pool* - choreographer/performer, West End Theatre- MA.
- *Glass Without a Window* – choreographer/performer, West End Theatre- MA.
- *Behold a Wet Mirror*- co-choreographer/dancer, West End Theater- MA.

Other Artists' Creations - Dance

2010-2011

- *Everyone Can Dance* – Performer, Big Action Performance Ensemble - Directed by Tiffany Rhynard: Flynn Center, Lost Nation Theater, Middlebury Town Hall.

2009

- *Now Winter Nights Enlarge* – Dancer, Choreographed by Paul Besaw: University of Vermont – VT.
- *Twin Study*- Dancer, Choreographed by Selene Colburn: Flynn Theatre for the Performing Arts- VT, Dance Theatre Workshop- NY.
- *From the New World*- Dancer, Choreographed by Heddy Maalem: Flynn Theatre for the Performing Arts- VT.

2003-2005

- *In Harm's Way*- Dancer/actor, Gloucester High School- MA
- *Invitation*- Dancer, West End Theatre- MA
- All Hallows Fest- Dancer, West End Theatre- MA

2000- 2002

- *A Tribe Called We*- Dancer, Lewis & Clark College- OR
- Duet-Romance- Dancer, Lewis & Clark College – OR
- Dance Extravaganza- Producer, Lewis & Clark College- OR

Teaching Experience

2007-Present

- VSArts, Structured improvisation to physically and mentally disabled adults and children
- COTS Family Shelter. Weekly classes- King Street Youth Center- VT, Theatre games, creative writing, story telling, creative movement.
- Teaching and Learning Center- Dorchester, MA, Summer drama camp for youth at risk.

2006-Present

- Flynn Theatre for the Performing Arts- Burlington, VT
 - Words Come Alive!
 - Consultant
 - Creative Movement weekly classes
 - Workshops on improvisation for adults
 - Summer camps for kids and teens

2005

- Lida Winfield Performance Art Studio: Weekly classes. Gloucester, MA
 - Structured Improvisation- adult
 - Moving, Theater & Story Telling- adult
 - Stretch and Strengthen- adult
 - Movement/Theater- teens
 - Storytelling and Movement- adults
 - Creative Movement- ages 5-8

2002-2004

- Legends School Program- MA, Taught local and regional history through dance.
- Dancers Courageous Studio: weekly classes- Gloucester, MA, Adult and children dance/improvisation classes (Intro to Choreography, Structured Improvisation).